


Agriculture Natural Resources Newsletter June, 2024

 Cooperative
Extension Service

Martin-Gatton
College of Agriculture,
Food and Environment

Mercer County
1007 Lexington Road
Harrodsburg, KY 40330
(859) 734-4378
mercerc.ca.uky.edu
linda.mcclanahan@uky.edu



Linda McClanahan

Linda McClanahan, Mercer County Agent
for Agriculture & Natural Resources

*Did you know that Americans consume the
most ice cream and vanilla is America's
favorite ice cream flavor?*



Recipe

CHEESY SQUASH MEDLEY

- ½ medium onion, diced
- 2 cloves garlic, minced
- 1 pound yellow squash, sliced into half moons
- 1 pound zucchini, sliced into half moons
- 2 tablespoons olive oil
- 1½ teaspoons salt, divided
- 1 teaspoon black pepper
- 1 12-ounce can fat free evaporated milk
- 8 ounces low fat cream cheese
- 2 cups low fat shredded cheddar cheese, divided
- ¼ cup Italian bread crumbs
- 2 tablespoons melted butter

Preheat oven to 325 degrees F. **Coat** a 9-by-9-inch baking dish with non-stick spray. **Sauté** onions and garlic in oil over medium heat, stirring often. **Toss** sliced zucchini and squash in a bowl with 1 teaspoon salt and

black pepper. In a small saucepan, **whisk together** evaporated milk and cream cheese over low heat, until warm. **Add** zucchini and squash mixture to sautéed onions and garlic and continue to **cook** over medium heat until tender. **Stir** 1 cup shredded cheese and ½ teaspoon salt into the cream cheese mixture. In prepared dish, **layer** half of vegetable mixture, half of the cheese sauce and ½ cup of shredded cheese. **Repeat** layers. **Sprinkle** bread crumbs on top of shredded cheese and **drizzle** with melted butter. **Place** dish in preheated oven and **bake** for 15 minutes. **Broil** (watch closely) for about 4 minutes or until top is golden brown.

Yield: 12 servings

Nutritional Analysis: 190 calories, 12 g fat, 7 g saturated fat, 20 mg cholesterol, 590 mg sodium, 9 g carbohydrate, 1 g fiber, 5 g sugars, 10 g protein.

Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating. Lexington, KY 40506



Disabilities
accommodated
with prior notification

Sheep & Goat 101

June 3 at 6:00pm



This meeting will focus on beginners that want to learn more about raising sheep and goats. This session in our homesteading series will cover first steps on getting started and also provide some basic knowledge you will need to maintain your operation. This class is being led by Dr. Jessie Lay, KSU.

RSVP to 859-734-4378



Mercer County Extension Office
1007 Lexington Road—Harrodsburg, KY 40330

2024 CENTRAL KENTUCKY HAY CONTEST

Is your hay the best?

Testing provides nutritional value of hay to assist in balancing rations, and can result in reduced feed cost, increased animal performance, and information to improve forage stands.

Free analysis to determine hay quality and livestock needs.

**Call the Mercer County Extension Office to sign up.
859-734-4378**

**DEADLINE TO REGISTER:
OCTOBER 7, 2024**



Cooperative Extension Service

Agriculture and Natural Resources
4-H Youth Development
Community and Economic Development



MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT
Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, physical or mental disability or equalized or qualified for prior civil rights activity. Reasonable accommodations of disability are available. For more information, contact the National Center for Education and Training, University of Kentucky, 1000 University of Kentucky, Lexington, KY 40506.



Disability accommodations
with your assistance



Kentucky Tornado History

Tony Edwards – National Weather Service Charleston, WV



Here's some Bluegrass state tornado facts that blow your mind - pun intended!

- Well over 1,000 tornadoes have hit the Bluegrass State since 1950! And that's just counting the ones we know about. Many more have occurred but gone unreported to the National Weather Service.
- While tornadoes are much more common in central and western Kentucky, every one of Kentucky's 120 counties has had at least one documented tornado.
- Tornadoes occur most frequently from March through June, but they have occurred in every month of the year.
- While tornadoes typically occur between 3 pm and 10pm, they have occurred during every hour of the day. The ones that occur during the nighttime hours can be especially dangerous.
- The longest tracked tornado to strike Kentucky occurred on December 10, 2021. The tornado first struck Obion County, TN before crossing into Fulton County, KY. The tornado, which reached EF4 intensity with peak winds of up to 190 mph, covered a track of over 165 miles in about three hours, claiming 57 lives and injuring over 500 people.
- The strongest tornado you can get is one that is rated a five on the Fujita Tornado Intensity Scale. There have only been two F5 tornadoes to strike Kentucky and they both occurred on April 3, 1974. One struck Breckinridge and Meade Counties and another occurred in Boone County.
- Unfortunately, 222 Kentuckians have lost their lives in tornadoes since 1950 with over 3700 injuries and over four billion dollars in property damage!

The good news is that the National Weather Service has meteorologists on staff 24 hours a day, 7 days a week, 365 days a year, keeping a lookout for severe weather and tornadoes. We issue outlooks, watches and warnings that keep you informed of the potential for severe weather. Severe weather outlooks are produced by the Storm Prediction Center and can be accessed online or in our Hazardous Weather Outlook product on NOAA Weather Radio. Severe Thunderstorm and/or Tornado Watches are issued when environmental conditions are supportive of severe weather and/or tornadoes. You may get the notification that a Watch has been issued and look outside and see the sun shining. However, that Watch is telling you to get a plan in place as severe weather and/or tornadoes could soon threaten. Warnings are issued when severe weather and/or tornadoes are happening or about to happen. Warnings mean to take action and to get to your safe place!

STORM PLANNING TIMELINE

A few days out	The day before	The day of
<p><i>If the forecast calls for severe weather in a few days, start preparing now.</i></p> <ul style="list-style-type: none"> Make sure that you have emergency supplies Know your safe places Have a family communication plan 	<p><i>The day before, forecast accuracy continues to improve.</i></p> <ul style="list-style-type: none"> Adjust plans Make sure your phone can receive WEAs Ensure your shelter is clean and accessible 	<p><i>Remain vigilant and aware of any active Watches. A Warning may be issued at a moment's notice!</i></p> <ul style="list-style-type: none"> Remind your family of the communication plan Know how to evacuate and/or get to safety from wherever you are When a Warning is issued, you may only have seconds to take action!

weather.gov

Mercer County Extension Office
1007 Lexington Road
Harrodsburg, KY 40330

RETURN SERVICE REQUESTED

June is National Dairy Month

June 3	Sheep/Goat Production 101, 6 PM
June 8	Harrodsburg 250 th Parade
June 13-15	Harrodsburg 250 th Festival
June 15	Vintage Dad's Day, Shaker Village, Mercer County Cattlemen's Concessions
June 19	Juneteenth, Extension Office Closed
June 20	Summer Begins
June 27	UK Pest Management Field Day
July 1	Fair Entry website opens
July 4	Independence Day, Extension Office Closed
July 12-13	KFB Generation Bridge Leadership Summit, Somerset
July 21	Mercer County Dairy Show
July 22-27	197 th Mercer County Fair & Horse Show
July 29	Mercer County Beef Show

Upcoming
EVENTS